

By-Cycle

Bicycle News from the
Maricopa County Department of Transportation



April 2000

Volume 1:4

Valley Bike Week 2000

Bike to Work Day
Wednesday, 4-12-00

Join thousands of other Valley cyclists and bicycle to work on April 12. If you are a Maricopa County employee, fill out the registration form to enter the drawing for **free** Bike to BOB tickets and other nice prizes. Registration must be returned to Nancy Santos by Thursday, April 6, 2000. Find the application form at this website: https://ebc.maricopa.gov/empcorner/pdf/bike_to_work.pdf.

Anyone interested in riding from the East Valley to the Durango Complex should contact Reed Kempton. A group will leave Tempe Kiwanis Park at 6:30 a.m. for a 15 mile ride to MCDOT.

For a list of Bike Week activities go to: http://www.valleymetro.maricopa.gov/bike_week_2000.html

Walking and Bicycling into the 21st Century

“Creating an Off-Street Path System
in an Urban Environment.”

April 25-26, 2000

Tempe Mission Palms Hotel

To receive a registration packet, please call Maureen DeCindis at Valley Metro 602.534.1814 or e-mail Maureen at mdecindis@vm.maricopa.gov and leave your name and address.

Meetings

April 2000

Public Meeting Schedule

The public meeting schedule is subject to change. Please call to confirm dates and times. For on-line information go to: www.maricopa.gov/

4.5.2000

MC85/ Cotton Lane to Estrella

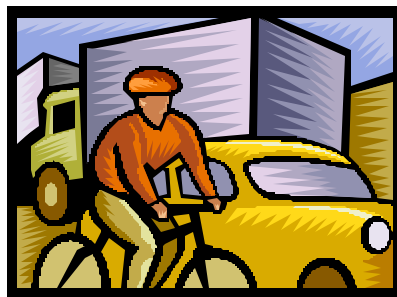
MC85/ Estrella to Litchfield

Location: Avondale Elementary School
45 S. 3rd Ave
Avondale, AZ
Time: 5 p.m. – 7 p.m.
Contact: Tom Larson, 602.506.2166
Or Samir Hatab, 602.506.2867

4.27.2000

Gilbert Road/ McDowell to Thomas

Location: Stapley Junior High School
3250 E. Hermosa Vista Dr.
Mesa, AZ
Contact: Tom Larson, 602.506.2166



MCDOT Bicycle Web Page

www.mcdot.maricopa.gov/Bicycle/index.htm

“Changing Gears”

Tempe Historical Museum
March 25 through July 30

This free exhibit traces the role of the bicycle in society, bicycle technology, local bicycle events, and accomplishments of Tempe's Bicycle Program and citizen advisory committee.

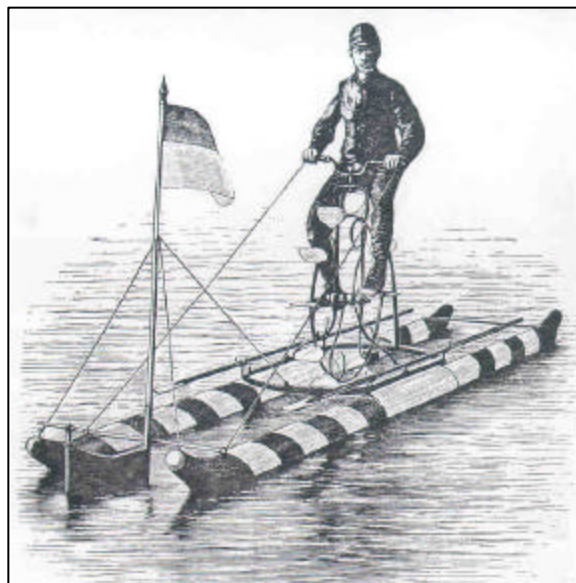
Located at 809 E. Southern Avenue, Tempe, the museum hours are: Monday through Thursday and Saturday from 10 a.m. to 5 p.m. and Sunday from 1 to 5 p.m. (closed Fridays and major holidays).

Editor: This exhibit features items from local collectors including my wife and I. Ride over and check it out.

Bike Safety Quiz

Do you know the Rules of the Road?

1. As a bicyclist you must obey:
 - A) Traffic signals
 - B) Speed limit signs
 - C) Stop signs
 - D) A & C
 - E) All traffic laws
2. Bicyclist should ride with the flow of traffic and as far to the right as practicable and safe:
 - A) All the time
 - B) Only during the day
 - C) Only at night
 - D) Depends if you are right or left-handed
3. When riding straight through an intersection a cyclist should:
 - A) Stay in the right-turn lane
 - B) Move to the through-lane
 - C) Ride on the sidewalk
4. The proper way to make a left turn is:
 - A) Like an automobile driver, move to the left-turn lane and make your turn
 - B) Like a pedestrian, walk your bike to the far cross walk
5. Hand signals for cyclists are:
 - A) Required by law anytime you make a turn, lane change, etc.
 - B) Required only when turning left
 - C) Required only when turning right
 - D) All of the above
 - E) Hand signals are not allowed on a bike
6. When riding in a vehicle lane, you should follow lane markings:
 - A) True
 - B) False
 - C) Ignore vehicle lanes; ride where you want
7. A cyclist may temporarily leave the bike lane and merge with caution into the adjacent vehicle lane:
 - A) To avoid obstructions or road hazards
 - B) To pass a slow moving car or bicycle
 - C) To grab hold of a passing car
 - D) A and B only



This valley citizen is preparing to use our extensive network of canals as an alternative to riding on city streets.

8. When riding at night, the law requires:
- A) A white headlight
 - B) A red rear taillight
 - C) A red rear reflector
 - D) Reflective clothing and pedals
 - E) A and C
9. The best way to maintain control of your bike and ride defensively is to:
- A) Keep both hands on the handlebars
 - B) Cross railroad tracks at a 90 degree angle
 - C) Look over your shoulder without losing your balance
 - D) Stay aware of surroundings at all times
 - E) All of the above
10. Bike helmets are required for:
- A) Youth 18 and under
 - B) Children 12 and under
 - C) All riders regardless of age
 - D) Helmets are highly recommended for all bike riders regardless of age.
11. Cyclists may ride no more than _____ abreast.
- A) 2
 - B) 3
 - C) 4
 - D) 5
12. Bike riders can signal *right turns* by extending their *right arm*.
- A) True
 - B) False
13. When passing other cyclists on your bike, you should:
- A) Signal them with your hands
 - B) Tap them on the shoulder
 - C) Flash your lights
 - D) Announce your intentions (ex: "On your left!")
14. Wearing colorful clothing:
- A) Reduces wind resistance
 - B) Looks cool
 - C) Helps you stop faster

D) Makes riders more visible to motorists

15. Most cycling accidents happen:

- A) At night
- B) In urban areas
- C) On or near sidewalks and driveways
- D) On freeways
- E) A, B, and C

Quiz provided by Valley Metro.



On your left!

I would like to encourage you to participate in a Bike to Work Day event. It is hard to explain the feeling of satisfaction you get from transporting yourself by your own power. Bicycling to work is a lot more fun than being stuck in traffic on the freeway. Remember to stay alert and follow the rules of the road. If you have a question about bicycling in Maricopa County, send a message to reedkempton@mail.maricopa.gov.

See you on the road.

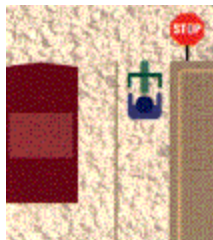
Reed

Answers:

1. E 2. A 3. B 4. E 5. A
6. A 7. D 8. E 9. E 10. D
11. A 12. A 13. D 14. D 15. C

Rules of the Road

Obey Traffic Signs, Signals and Laws



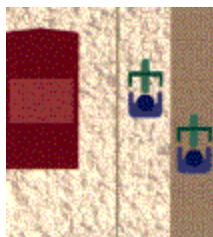
Bicyclists must operate their bicycles like drivers of motor vehicles. Obeying laws helps you to be taken more seriously by motorists.

Use Hand Signals



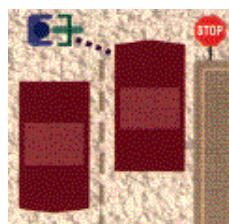
Hand signals tell motorists and pedestrians what you intend to do. Signal as a matter of law, courtesy and self-protection.

Ride on the Right With the Flow of Traffic



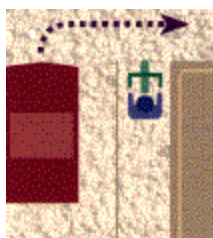
Ride with traffic! Motorists are not looking for bicyclists riding against traffic on the wrong side of the road. Riding against traffic is dangerous and a major cause of accidents.

Scan the Road Around You



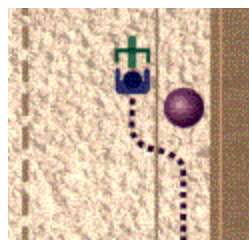
Continually scan the road around you for hazards, cars and people. Learn to look over your shoulder without losing your balance or swerving. Stay aware of your surroundings at all times.

Take the Correct Way Through Intersections



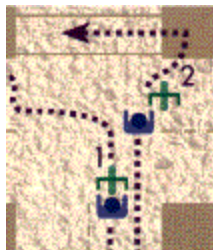
When you are going straight through an intersection, move to the through lane, avoiding the right-turn-only lane. Don't ride to the right of a right turning motorist.

You May Leave a Bicycle Lane



When a road hazard or other obstruction exists in a bicycle lane, you may temporarily merge with caution into the adjacent automobile lane to avoid the hazard.

Choose the Best Way to Turn Left



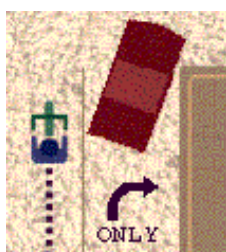
There are two ways to make a left turn: **1.** Like a motorist, move into the left lane, and turn left; always use hand signals. **2.** Like a pedestrian, you may walk your bike to the far crosswalk.

Always Maintain Control of Your Bike



Keep both hands on the handlebars. Be prepared to stop or make quick turns. Cross railroad tracks at a 90 degree angle.

Follow Lane Markings



Go where the lane goes! Do not turn left from the right lane. Do not go straight in a lane marked Right-Turn-Only.

Use Lights at Night



The Law requires a white headlight and rear reflector at night. Adding a blinking red tail light is a good idea.